



# DURACK SCHOOL

## DURACK SCHOOL

**21st September 2022**

### From the Principal

Dear Parents/Carers,

Term 3 has certainly been a very busy term. The students of Durack School have engaged in many different learning experiences and we are very proud of their achievements.

- Colour Explosion Run 4 Fun
- Science Week
- BEAT Choir
- Parliament Excursions
- Numerous Incursions
- Japanese Survivor Day
- Taster Days at Palmerston College
- Book Week and Book Fair
- School Photos
- NAIDOC Week
- Sports Day
- 3 Way Conferences
- Father's Day Stall

We have begun our 2023 Preschool interviews. There are now limited places available in our Preschool for 2023, therefore if you have or know someone with a child ready to start Preschool next year please contact the school to obtain the necessary enrolment forms. Preschool is available to children turning 4 years old by 30 June 2023.

The wearing of a school uniform by students is a compulsory requirement of the NT Department of Education (DoE). The Durack School Uniform and Dress Code Policy has been established after consultation with key stakeholders and has been formulated to meet the needs of students, their families and the school, in line with the DoE 'Sun Safe Policy' and 'Uniform Dress Code'.

#### **The intention of the policy is to:**

Promote equity, belonging and self-respect.  
Contribute to the tone, pride and high expectations of the school.  
Be cost effective for parents and caregivers.

The Durack School Student Uniform and Dress Code Policy is attached in this week's newsletter.

Students are required to wear plain black shorts, skirts or skorts, in a loose-fitting style, without pictures, patterns or edgings and the length to reach student fingertips when hands are laid along the thigh. Shorts, skirts and skorts with the Durack School logo are available for purchase from the school office and will be compulsory from 2024. Long pants in a loose-fitting style, without pictures, patterns or edgings are part of the school uniform. Students are not to wear denim or leggings.

This week is our final week of school for Term 3. We do hope that everyone has a great break with family and friends and manages to find somewhere cool to be with the weather heating up.

The Executive Leaders are in the playground before and after school and at recess and lunch connecting with students and providing them with opportunities to have their voice heard. As a school, we welcome parents to be active partners in their child's education and foster a positive relationship between parents and teachers. If at any stage you have concerns or queries, please contact your child's teacher, approach us directly or contact us via email, [durack.school@education.nt.gov.au](mailto:durack.school@education.nt.gov.au)

Wishing you all a GREAT week.

Kind regards  
Cindy McLaren

Important Dates	What You Will Find Inside
<ul style="list-style-type: none"><li>Thursday 22nd September—Public Holiday</li><li>Friday 23rd September—Last Day Term 3</li><li>Monday 10th October—First Day of Term 4</li><li>Monday 14th November—World Kindness Day</li><li>Wednesday 16th November—NT Learning Commission Excursion</li><li>Thursday 27th—September Board Meeting</li><li>Wednesday 7th December—Year 6 Graduation</li><li>Thursday 8th December—Early Years End of Year Assembly</li><li>Friday 9th December—Primary Years End of Year Assembly</li><li>Wednesday 14th December—Orientation Session 2023 Classes</li><li>Thursday 15th December—Last Day of Term 4</li></ul>	<ol style="list-style-type: none"><li>1.. From the Principal</li><li>2.. From the Principal (cont), Important Dates</li><li>3.. Student of the Week Awards, Frog Spotters</li><li>4.. School Uniform Policy</li><li>5.. School Uniform Policy (cont)</li><li>6.. Extra Curriculum Activities, Sports Day, OSHC, School Holiday Office Hours</li><li>7.. Durack Life Skills</li><li>8.. Interoception</li><li>9.. School Run 4 Colour Thank you</li><li>10.. School Canteen</li></ol>

# Student Of The Week

Chelsea Campbell

Ellie Handley

Breanna Schoch

Ellie Gordon

Cruz Butt

Savannah O'Brien Xavier

Bree Sibenaler

Zoe McMahon

Alexis Monahan Roberts

Elii Bell

Renee Norris

Mark O'Connor

Maybelle Wood

Katara Sullivan

Ryder Routley

Lucas O'Connor

Ian Hong

Abigail William

Harper Goulding

Atarah Geo

Willow Bell

Hannah Gregory

Maisie Miller

Brodie Cameron

Bella Berry

Jac Cleary

Aylah

Sage Chibweza

Axel Albury

Jamie

Aras Sharma

Sophie Shellback

Evie

Meru Hidayat

## Frog Spotters Awards



Marli

&

Zeph



YOU HAVE BEEN

FROGSPOTTED!!!

Congratulations for doing the  
right thing at Assembly



# School Uniform Policy

## DURACK SCHOOL STUDENT UNIFORM AND DRESS CODE POLICY

The wearing of a school uniform by students is a compulsory requirement of the NT Department of Education (DoE). The Durack School Uniform and Dress Code Policy has been established after consultation with key stakeholders and has been formulated to meet the needs of students, their families and the school, in line with the DoE 'Sun Safe Policy' and 'Uniform Dress Code'.

### **The intention is to:**

- Promote equity, belonging and self-respect.
- Contribute to the tone, pride and high expectations of the school.

Be cost effective for parents and care givers.

### **Shirts**

- Royal Blue Polo shirt, with embroidered Durack School logo and collar detail.
- Argyle (Red), Lissadell (Green) and Ivanhoe (Yellow) sports shirts may be worn on the day when students are timetabled to participate in Physical Education and on Sports Day. They are not to be worn for excursions, special assemblies (awards, ANZAC Day), school photographs and occasions when students are representing Durack School.
- Year 6 shirts may be worn by Year 6 students. They are not to be worn, for special assemblies (awards, ANZAC Day), school photographs (except for the Year 6 photo) and occasions when students are representing Durack School. Year 6 shirts may be worn on excursions from 2021 onwards.

### **Shorts, Skirts and Skorts**

Plain black, in a loose-fitting style, without pictures, patterns or edgings and the length to reach student fingertips when hands are laid along the thigh. Shorts, skirts and skorts with the Durack School logo will be available for purchase from the school office from 2021 and will be compulsory from 2024.

### **Dresses**

School Tartan. Length slightly above the knee. Bike pants or something similar should be worn underneath.

### **Long Pants**

Plain Black, in a loose-fitting style, without pictures, patterns or edgings. No denim. No leggings.

### **Jacket or Jumper**

Blue jackets with the Durack School logo will be available for purchase from the school office from 2021.

### **Hats**

Bucket hat including the Durack School logo, available for purchase from the school office. No hat, no play. Students without a school hat will be directed to areas within the school in line with the DoE 'Sun Safe Policy'.

### **Socks**

Plain black or white.

**Shoes**

Black or white, enclosed footwear appropriate for educational activities.

**Hair Accessories**

Hair longer than shoulder length should be tied back with appropriate hair accessories including: hair ties, scrunches and headbands that are neat and tidy (preferably in school colours).

**Jewellery**

The only items of jewellery permitted to be worn at school are:

- medic alert bracelets
- watches: Smart Watches are not to be worn at school

studs or small hooped earrings

Any other jewellery will be removed and must be collected from the school office by a parent.

**Other**

Makeup and nail polish are not permitted at school.

Hair should not be coloured unless for special occasions such as crazy hair day.

**PARENT RESPONSIBILITIES**

Wearing of the school uniform is compulsory. When uniform guidelines are not met parents will be contacted by leadership.

It is expected that parents will support the Durack Student Uniform and Dress Code Policy.

**UNIFORM AVAILABILITY**

Durack School shirts, shorts, skorts, dresses and jackets can be purchased at the school office.

All clothing must be of clean and tidy appearance. Clothing in need of repair is not to be worn to school.

Date Ratified by Durack School Board: 19 November, 2020

Review date: November, 2023

## Extra Curriculum Activities

Durack School offers an exciting Durack Extras Program. This innovative and holistic program is designed to enhance classroom learning by expanding the curriculum and helping children develop new skills and interests. The program provides students with the opportunity to challenge themselves, enhance their learning and achieve in a variety of contexts.

In Term 3 we offered a range of popular activities and are looking to build on these activities in Term 4. If you have the skills to facilitate an activity please contact us.

## Sports Day

Our students have been eagerly waiting to see which Sports House is the 2022 Winner! At the whole school assembly this week (week 10) ribbons will be present for field events to the students in Year 3 to 6 and the winning house will be awarded the school trophy.

## Outside School Hours Care

Vacation Care will be closed from Monday 19 December 2022 till Tuesday 3 January. Please mark these dates on your calendar.

## School Holiday Office Hours

A reminder that the School Office will be closed from 26th September and will reopen Monday 10th October.





# Scones for the

2 cups self-raising  
1/4 caster sugar  
1/2 cup thickened cream  
1/2 cup lemonade

# Queen



Preheat the oven to 180 degrees.  
Sift the flour and sugar into a large bowl.

Add the lemonade and cream.  
Mix and form into a dough.  
Sprinkle with flour if sticky.  
Roll out into a 3cm thickness.

Use a cup to cut circles and space onto  
a lightly floured tray.  
Bake for 15-20 minutes or until golden.





# Interoception Talk

## Interoception Talk

Interoception talk can also be called body talk. Be aware of how your body feels and talk about that with your child.

Say things like:

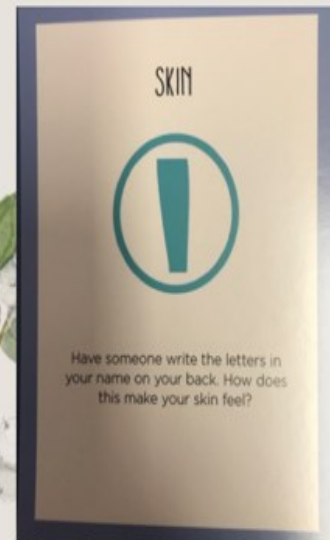
“When I’m holding this glass of water, my hands are cold!”

“When I run around outside with you, my heart rate goes up, so it beats fast!”

“When I step into the cold, it makes my muscles feel tight.”

Labeling these things out loud for your children can help them become more aware of how their own bodies are feeling. You are demonstrating to them how to recognize the feelings in their body, and you are also increasing your awareness through this process! Research finds that the more in touch with ourselves, the better off we are when being present and dealing with anxiety, stress, and emotional regulation.

## “I felt the pressure!”



## “It felt hot!”

## “My fingers felt numb!”



# School Run 4 Colour

**Thank you, thank you, thank you, to our wonderful school community.**

Thank you to our students, their families and community members that supported our Colour Explosion School Run 4 Fun, Monday Week 8. Everyone who participated had a great time. It was a fantastic morning of colour, fun and laughter.

Fundraising has now closed and prizes have all been processed automatically. Every student who has raised \$10 or more will receive at least 1 prize! The more they raised, the more they earned. Prizes will be arriving in Term 4.

**At assembly on Friday 23<sup>rd</sup> Sept, Week 10, we will be announcing the total amount we raised and will be acknowledging the students who were our highest fundraisers. We will also be drawing the winner of the Nintendo Switch from those students who raised \$300 or more. Parents are welcome to attend.**

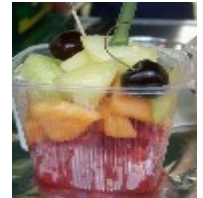
Congratulations to all our fundraisers!



# School Canteen




The Canteen is opened  
Wednesday, Thursday and Friday  
Lunch time Only



for over the Counter sales.  
A range of home baked goodies are  
available.



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